



Q4 2023

Parrot Head Club of Eastern MA | Vol. 40

## Q4 2023 ~ The 3/4 Times

Happy New Year 2024 to all our PHCOEM Members!

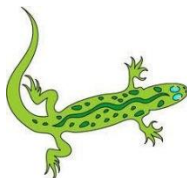
PHCOEM had many events for 2023 and will have more going into the New Year of 2024. We hope after the loss of Jimmy Buffett that the Coral Reef Band will carry on. We also lost some close dear friends whom we loved in our Parrot Head Club and also other Clubs. May they look upon us and keep this party going on in spirit. Our newest member in honor of Marcia is BAMA, the Manatee, which the Club adopted. We will provide updates throughout the year on Bama's travels! In honor of David Stasio, we had a Memorial Tree planted.

Our sock drive for Operation Troop Support had another successful year! We will be holding a Food Drive in the Spring. More info to come soon. We will also be doing SOMA events and our usual events throughout 2024 and will keep you all posted. Thank you to all that contributed and helped Elena with the Patriots Toy Drive. 62 bikes were donated, along with many helmets. This makes so many kids happy! Join us in assisting Operation Troop Support with Care Packages on Saturday, January 13 at 10:00 am in Manchester By The Sea.

And join us for our Holiday Hangover Party at PINZ Bowling Alley in Milford on February 17<sup>th</sup> for a few hours of fun! We will be tailgating at the Holiday Inn, Milford with a Pizza & Pool Party around 10:00 pm that evening. Book your room now!

Please see our website, Facebook page and e-mails for upcoming events. We look forward to seeing all our PHCOEM members in the New Year. Thank you for the friendships we have built and that continue to build every year. We welcome all new members to our Parrot Head Family!

Sincerely,  
Lizzy L12-Liz McCarthy  
Secretary of PHCOEM





## From the Office of the Prez

Good day, Phlock!

This is the last quarter of 2023. Gosh time just flies by. Honestly after all this year has brought, I for one, will be happy to move onto the new year. During the months of October to December, the Club showed its truly amazing heart and kindness. We had over 300 pairs of socks donated to Operation Troop Support and the Club is now stewards of Bama the Manatee from Jimmy Buffett's Save the Manatee Club. We set up two fully decorated Christmas trees for the Boys and Girls Club, and we had 62 bikes with helmets donated to the Patriot Foundation for children less fortunate. Over 20 wreaths were laid on Veterans graves for Wreaths Across America this season.

So, as you can see it was quite the season of giving from our Club! I could not be any prouder to be part of such an incredible organization. The truth is, with all the sadness and negativity in this world, the courage and strength and true common courtesy, kindness and compassion you let shine through like the lighthouse guiding the ships around the rocky coast. The members of this Club make the strength and unity, and the peace in giving an important part of what we stand for.

I will say it again and again ... thank you for all you do for each other and your communities. Highlight the joy in kindness and maybe we can help encourage people to join along.

Thank you! I hope you all had a great holiday season! We will see you all at our Holiday Hangover Party on February 17 at the Holiday Inn in Milford, and at PINZ. We have more events to come stay tuned. Hopefully this upcoming year will bring us more joy than sorrow, more happiness and kindness than sadness. Make someone smile today!

Mac  
President 2022/24  
Golden coconut winning club 2022  
The Parrot Head Club of Eastern Mass



## UPCOMING EVENTS!

February 17 – Holiday Hangover Party!

**April 8 – 30<sup>th</sup> Anniversary of PHCOEM!!!**

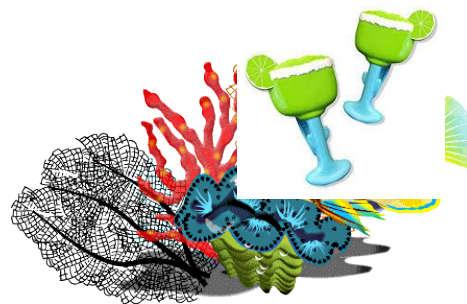


## Thirsty Thursdays!

Thirsty Thursdays are now back LIVE at our usual locations the first Thursday of each month at 7:00 pm.

Info will be posted to our website and to our Facebook page!

We hope to see you all soon!!



## ***DUES REMINDER***

We ask everyone to renew their membership for 2024. We rely on dues to help pay our PHIP renewal each year and to help cover other club operating expenses.

Dues will remain at \$26 for a single person and \$32 for a family.  
You can renew online at [www.PHCOEM.com](http://www.PHCOEM.com).

To assist us with updated PHIP requirements, please make sure to fill out your full mailing address, email and, if renewing as a family, list all names.

Thank you!





***Happy Birthday to those completing  
another Trip Around the Sun!***

<i>January</i>	<i>February</i>	<i>March</i>
2 – Winnie Rose	11 – Patrick O’Connor	3 – Carrissa Gilhuly
5 – Mary Alves	13 – Joe Rose	8 – Ellie Fratangelo
15 – Jocelyn Beck	15 – Deb Beauregard	18 – Olivia Cormier
23 – Brian Sweeney	16 – Ernie Fratangelo	18 – Mike Deldon
24 – Linda Hatch	19 – Ben Marnell	27 – Jim Cormier
30 – Tony Butkus	26 – Chris Hartig	
	26 – Gretchen Milliken	
	27 – Zariah Beck	

***In Memory of David Stasio,***

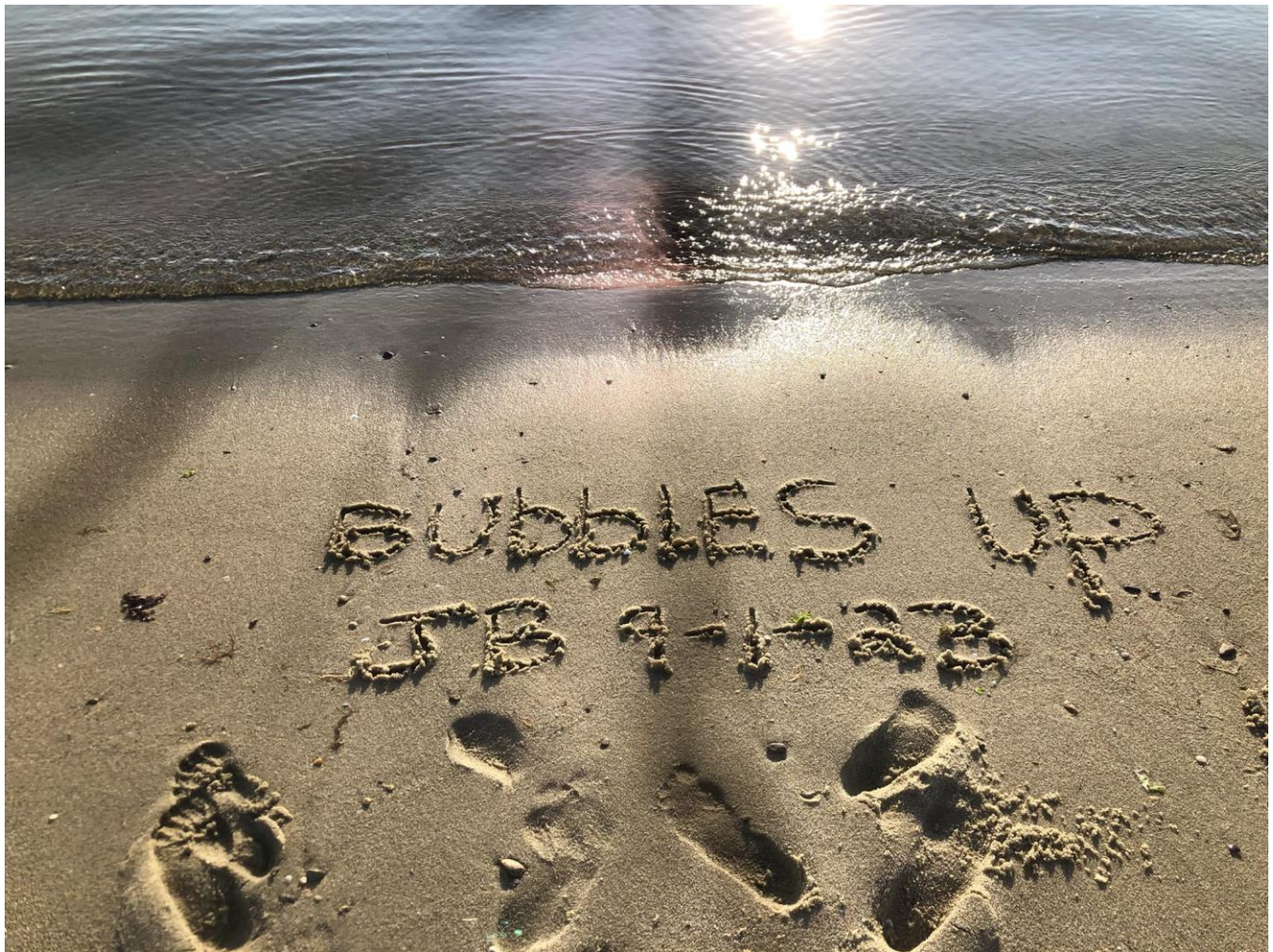
A tree memorial dedicated in honor of David Stasio has been successfully planted. This has not only created a living tribute to their memory but also contributed to a healthier and greener planet. The tree was planted in Michigan State Forests Project. Latitude: 44.68387985; Longitude: -84.61034393.



**A TREE *to* REMEMBER™**







IF YOU THINK FIREWORKS  
ARE LOUD, TRY OPENING  
THIS LATE AT NIGHT 😬



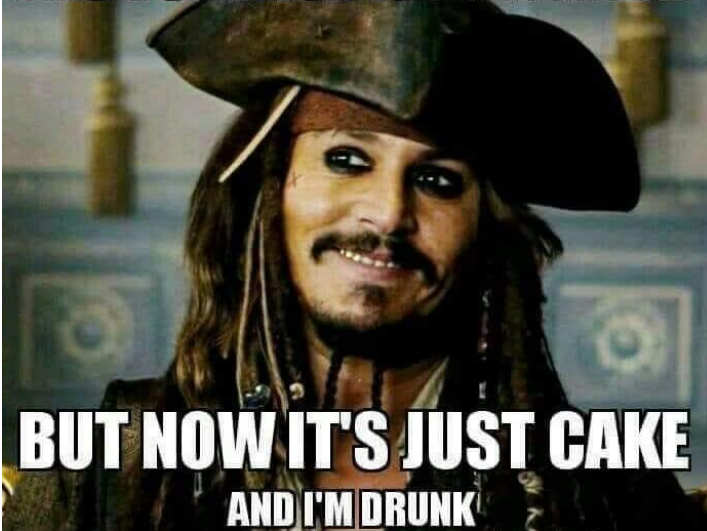




**DISNEYLAND!!!!**



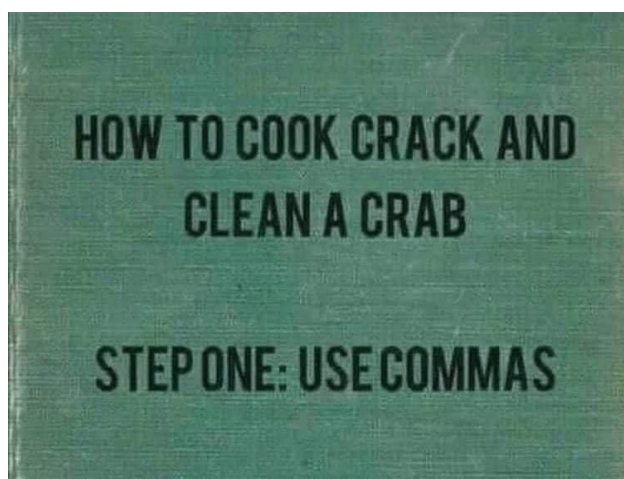
**I WAS GOING TO MAKE YOU  
A RUM CAKE FOR YOUR BIRTHDAY**



**BUT NOW IT'S JUST CAKE  
AND I'M DRUNK**



**WALKER FOR  
RETIRED FISHERMAN**



**MINUTE AND MINUTE  
SHOULDN'T BE SPELLED THE SAME.**

**I'M NOT CONTENT WITH THIS CONTENT.**

**I OBJECT TO THAT OBJECT.**

**I NEED TO READ WHAT I READ AGAIN.**

**EXCUSE ME BUT THERE'S NO EXCUSE FOR THIS.**

**SOMEONE SHOULD WIND THIS POST UP  
AND THROW IT IN THE WIND.**



*The beach isn't just a  
place. It's...*

*Memories*

*Smiles*

*Feelings*

*Laughter*

*&*

*Serenity*

I pointed to  
two old drunks  
sitting across  
the bar from us  
and told my friend,  
"That's us in 10 years"

He said,  
"That's a mirror, dipshit"

Seriously! 😏 😊

ONLY IN MATH PROBLEMS CAN YOU BUY  
60 CANTALOUPEs AND NO ONE ASKS  
WHAT THE HELL IS WRONG WITH YOU.



©KARIMI

My Plan



My Budget





Someone once asked me:  
"Why do you love music so much?",  
  
I replied:  
Because it's the only thing that  
stays when everything and everyone  
is gone.



I just read that 4,890,677 people got married last year..

I don't want to cause any trouble but shouldn't the number be even?



I CAN'T HELP THINKING  
THAT THIS WOULD BE A  
BETTER WORLD IF  
EVERYONE WOULD  
LISTEN MORE OFTEN TO  
JIMMY BUFFETT







## **Pumpkin French Toast Casserole**

### **Ingredients**

1 (12-14 oz) loaf french bread  
1 cup pumpkin puree  
 $\frac{3}{4}$  cup packed light or dark brown sugar  
2  $\frac{1}{2}$  tsp. pumpkin pie spice  
6 large eggs  
2  $\frac{1}{3}$  cups whole milk  
2 tsp pure vanilla extract

### **Crumb Topping**

$\frac{1}{3}$  cup packed light brown sugar  
 $\frac{1}{3}$  cup all-purpose flour  
 $\frac{1}{2}$  tsp ground cinnamon  
6 tbsp unsalted butter, cold and cubed  
 $\frac{3}{4}$  cup roughly chopped pecans

For serving: Pure maple syrup

### **Instructions**

1. Slice and cut the bread into 1" cubes. Let it sit out uncovered for a few hours or up to 1 day.
2. Grease a 9 x 13" baking dish and spray with nonstick spray. Spread cubes of bread in the dish.
3. Whisk pumpkin, brown sugar, pumpkin pie spice, eggs, milk and vanilla together in a large bowl. Pour evenly over the bread.
4. Cover the pan tightly and place in the refrigerator for at least 3 hours and up to one day. This gives the bread a chance to soak up the pumpkin custard.
5. Make a refrigerate the crumb topping. Mix the brown sugar, flour and cinnamon together. Add the cold butter using a pastry cutter or fork. Cut butter into the brown sugar mixture until pea-size crumbles form. You can also use your hands to mix it together. Stir in the pecans. Cover and refrigerate (separately). Can be refrigerated for just 15 minutes or up to 1 day. The colder it is, the less likely it will sink down and get lost in the casserole.
6. Remove the casserole from the refrigerator and preheat oven to 350 degrees.
7. Sprinkle the crumb topping evenly over the casserole and bake, uncovered, for 20 minutes. Then cover with aluminum foil and bake for an additional 25-35 minutes or until the center appears set and is no longer runny. The total time should be no more than 45 – 55 minutes.
8. Remove from the oven and cool 5 minutes before serving. The casserole will deflate slightly as it cools.
9. Once cool, drizzle the top with maple syrup. Cover leftovers tightly and store in the refrigerator for up to 3 days.



## PHCoEM is PHINE

P = Pride  
H = Honesty  
I = Integrity  
N = Nice ( kindness)  
E = Empathy



Please show to others that this club will continue to add to these building blocks and lay the foundation for another 25 years of greatness. We would not be able to have such an impact on our communities without you awesome members. Yes you all can make a difference even if it is just to one person make it a positive experience.  
Thank you  
Mac  
president phcoem (2020-2022)  
Make someone smile today

### PHCOEM Board:

Donna “Mac” McCarthy – President ([President@phcoem.com](mailto:President@phcoem.com))  
Marcia “Bix” Bixby – Vice President ([VP@phcoem.com](mailto:VP@phcoem.com)) *In Memorium*  
Liz “L12” McCarthy – Secretary ([Secretary@phcoem.com](mailto:Secretary@phcoem.com))  
Barbara “Babs” O’Connor – Treasurer ([Treasurer@phcoem.com](mailto:Treasurer@phcoem.com))  
Jean Duffill – Membership Director ([Membership@phcoem.com](mailto:Membership@phcoem.com))

Anyone wishing to share information within this newsletter, please send your articles to [newsletter@phcoem.com](mailto:newsletter@phcoem.com).

For the printable version of the Club Calendar and other great information, please visit our webpage at [www.phcoem.com](http://www.phcoem.com). You can also get access to our Facebook page through our website.

If you have questions about our website, please send an email to [phcoemadmin@phcoem.com](mailto:phcoemadmin@phcoem.com).

### Reference Links:

National Chapter Parrot Heads in Paradise at: [www.phip.com](http://www.phip.com)  
PHCOEM Website page at [www.phcoem.com](http://www.phcoem.com)  
PHCOEM Facebook page at: <https://www.facebook.com/groups/56394897109>  
Northeast Regional Parrot Head Convention Committee at: [www.nerphc.org](http://www.nerphc.org)

