

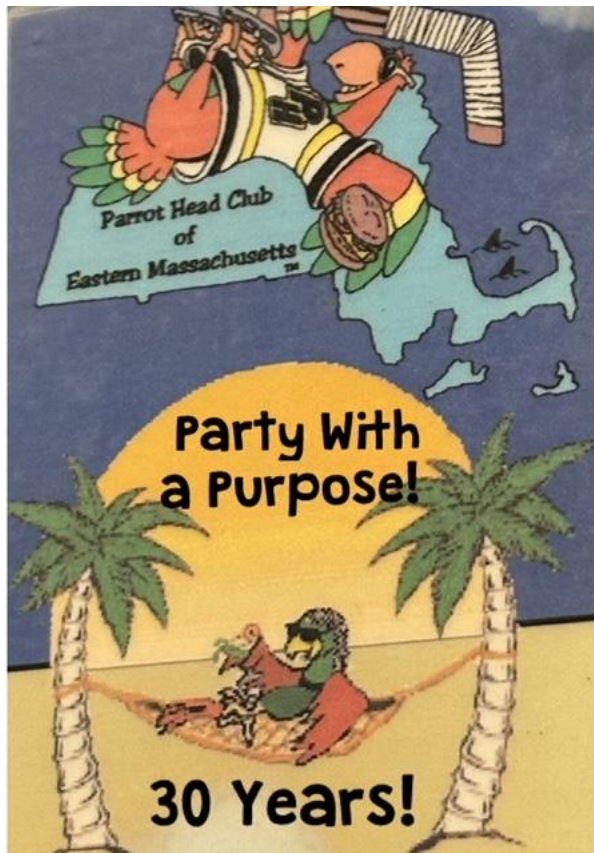


Q1 2024

Parrot Head Club of Eastern MA | Vol. 41

## Q1 2024 ~ The 3/4 Times

**HAPPY 30<sup>th</sup> BIRTHDAY, PHCOEM!**  
**1994 to 2024**



**CALLING ALL  
MEMBERS!**

**JOIN US TO  
CELEBRATE  
THE 30<sup>TH</sup> BIRTHDAY  
OF PHCOEM!  
Sunday, April 7, 2024  
from 1:00 - 4:00 pm  
Castle Island in  
Norwood, MA**

# HAPPY 30<sup>th</sup> BIRTHDAY!

Hi everyone,

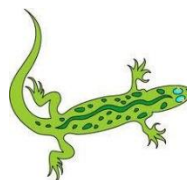
I would like to start off by thanking all of our PHCOEM members for keeping this Club and the Party going for 30 years! We have had so many years of volunteering for SOMA, Operation Troops, the Patriots Foundation, Veterans, and many other organizations. Our mission is going strong and will continue with our monthly TT's meetings, with updates from our website, by email and on social media about upcoming events for all.

We have had great losses, among them Jimmy Buffett and our VP Marcia and many others. We will remember their lives and cherish the times we had. They remain in our hearts forever. Recently, Joe Holewa from The Island Castaways Band lost his wife Judy. In the past, our Club was able to attend and support Judy's events for The Second Chance Animal Shelter. She was always appreciative and warm hearted and welcomed everyone into her life. We send condolences to Joe and their families and friends.

As we start the spring months, first planned is PHCOEM's 30<sup>th</sup> Birthday Bash on April 7<sup>th</sup> at Castle Island Brewery in Norwood, Mass. The Club's was established in April 8, 1994 by our Founding Fathers. We will be giving members who attend a special Club Gift in Celebration of 30 Years of PHCOEM! We will again be holding a food drive for Operation Troop Support in April and May. In May and June we have SOMA Events & the SOMA Dance, along with a social event in June at the Rhode Island Railway for brunch. Please see our website for updates.

We thank all our Club members for keeping this party going, for attending our charitable and social events, and for bringing smiles to all! See you all soon!

Sincerely,  
Lizzy L12-Liz McCarthy  
Secretary of PHCOEM





## From the Office of the Prez

Good day, Phlock!

This first quarter has flown by and we are in our 30<sup>th</sup> Year of Celebrating and Partying with a Purpose! Yes, on April 7, the Club will be celebrating 30 years with Parrot Heads in Paradise Inc. (PHIP). My how we have grown and evolved.

JOIN US at our birthday party on Sunday, April 7 at Castle Island Brewery in Norwood from 1-4. The Phlock is welcome to come early and stay later if you would like. We will have cake and gifts and there is food for purchase and a variety of beverages for everyone's palates. Let's get together and share in all the stories we can tell over the years!

The weather is getting nicer, spring is on its way, so come on out and join in the fun. Get out of the winter hibernation mode!

We are also collecting food for Operation Troop Support in the months of April and May. Please send non-perishable items (Amazon is easiest) to Jean Duffill, 233 Conant Street, Danvers, MA 01923. Thank you in advance for your donations.

May is also Special Olympics month, and we have two events we will be helping with! May 11<sup>th</sup> at Brockton HS and May 18<sup>th</sup> at Barnstable HS. Saturday, June 8<sup>th</sup> is the Special Olympics Dance in Boston and we all know that is a hugely successful event for our Club. The next day, Sunday, June 9<sup>th</sup> is another popular activity. We are riding the rails again in Portsmouth Rhode Island for the brunch run. Book your cars early as they sell out fast!

We will be continuing our 30<sup>th</sup> Year celebrations throughout 2024, so stop in at some events and see what's happening!

The Club has always provided a consistent, positive effect on the communities our members live in and enjoy. We have enjoyed 30 years of partying with a purpose, serving special athletes, cleaning up beaches, helping out Operation

Troop Support, placing wreaths for our fallen Veterans, donating to animal shelters, fundraising for local charities, collecting bikes and helmets for children in need, giving blood and sooo many other kind gestures that there is not enough time to mention them all here. Please share some of your fond memories with Club members on April 7<sup>th</sup> at Castle Island Brewery in Norwood, Mass.

Thank you all for 30 years of giving of your time, positive energy, and kind spirits and souls to make this world a better place. We would not have lasted all these years if not for all of your efforts on behalf of this Club.

THANK YOU!

Make someone smile today!  
Mac  
President 2022-2024



## UPCOMING EVENTS!

April 7 - 30<sup>th</sup> Anniversary of PHCOEM!  
April/May - Operation Troop Support Food Drive  
May 11 - Special Olympics Games ... Brockton  
May 18 - Special Olympics Games ... Barnstable  
June 8 - Special Olympics Summer Games/Dance  
June 9 - Rhode Island Rail Trail Brunch Ride



## Thirsty Thursdays!

Thirsty Thursdays are now back LIVE at our usual locations the first Thursday of each month at 7:00 pm.

Info will be posted to our website and to our Facebook page!

We hope to see you all soon!!







## From the Office of the Treasurer

Hello, my fellow Phlockahs!!!

This is Babs, your treasurer reporting in. I want to start out by wishing you and yours a very healthy and Happy New Year!!

As we enter into 2024, the good news is that our Club dues will remain the same, yeah!!! Our individual membership is \$25.00 for individual and \$30.00 for family, if paid by check or cash. If you chose to use PayPal, the cost is \$26.00 for individual and \$32.00 for family to help cover fees. In this crazy economy of ours, it's a bargain.

Please pass the word along to family and friends to join, so that we may continue our growth and success!

Phins up!

Barbara "Babs" O'Connor, Treasurer



## From the Office of the Membership

*If you have not renewed your membership, you can do it very easily on our website PHCOEM.com. Thank you!*



### **DUES REMINDER**

We ask everyone to renew their membership for 2024. We rely on dues to help pay our PHIP renewal each year and to help cover other club operating expenses.

Dues will remain at \$26 for a single person and \$32 for a family.  
You can renew online at [www.PHCOEM.com](http://www.PHCOEM.com).

To assist us with updated PHIP requirements, please make sure to fill out your full mailing address, email and, if renewing as a family, list all names.

Thank you!





***Happy Birthday to those completing  
another Trip Around the Sun!***

<i>April</i>	<i>May</i>	<i>June</i>
2 – Leo McCarthy	2 – Michelle Trefley	1 – Diane Xenelis
5 – Rosemary Damigella	10 – Lyndi Hoobinoo	2 – Charity Black
7 – George Carr	11 – Vera Beck	2 – Bruce Harwell
7 – Shannon West	11 – Jacquelyn Miller	3 – Suzanne Horgan
7 – Stacy West	15 – Renata Carr	3 – Julie Santaniello
14 – Tony Avitible	17 – John Connerton	5 – Jean Ondeck
14 – Cristina Bettencourt	18 – Tara McCarthy	6 – Tricia Murphy
16 – David Bouchard	21 – Nancy Carroll	10 – Harriet Sesen
17 – Suzanne Gibree	22 – Heather Latour	13 – Pam Mashcroft
24 – Lori Jenkins	25 – Joanie Cava	14 – Lisa Maon
25 – Guy Wallis	30 – Cainen Davis	14 – Lynn McKenna
27 – Polly Yandow O'Connor	31 – Bob Karp	18 – Ryan Hill
	31 – Robby McQueen	25 – Michelle Curran
	31 – Andrea Schievella	30 – Bob Pouliot
		30 – Kim Stevens

## Operation Troop Support! Meals Donations APRIL/MAY

We have another request from OTS. The soldiers that have been moved out of Afghanistan are all in Northern Africa and they are having issues with cooking equipment not being safe. They have asked if we would be willing to donate any meals that are able to be prepared in the containers that they come in.

If you are able, the easiest way appears to be to order on Amazon and have the package sent to Jean Duffill at 233 Conant Street, Danvers, MA 01923. If you have any questions, reach out to Jean Duffill at [insidejean@aol.com](mailto:insidejean@aol.com).

THANK YOU!

Here are some suggestions:







## 2024 PHIP Scholarship Information

### Parrot Heads In Paradise Scholarship Application Information

Amount - Three awards: First: \$5,000, Second: \$3,000, Third: \$2,000

Eligibility: Parrot Head Club Members and Children or Wards of Parrot Head Club Members

Criteria: High School Graduates (or equivalent) attending Post Secondary Schools

### Description

The Scholarship is for current Parrot Head Club Members of an officially Chartered Chapter or their children or wards of PHIP Parrot Head Club members for post secondary education. This program was established in 2008. Three scholarships will be awarded in 2024. The funds may be used for tuition, books or living expenses, at an accredited four-year university or college of the student's choice. The award will be paid to the winners' school account, when a student account is established.

Additional Criteria for this scholarship includes: High School cumulative grade point must be 2.5 or higher, or School Entrance Test Scores must be in the top 40%. *The highest consideration will be given to applicants who demonstrate previous examples of participation and leadership for Civic, Environmental, Charity and / or Parrot Head Club volunteer work.* High consideration given to applicants who will be pursuing a course of study that leads to a degree, certification, or credentials.

Response Questions: The application contains questions or statements, which require a specific response. These responses are part of the application process and are very important for the award. *ALL application word documents are specifically named & must be submitted as named. You must attach them as TWO separate "Word" documents when submitting your finished application form using the link below ... these attachments include the three blind questions response and your essay.*

Email: [phipscholarship@gmail.com](mailto:phipscholarship@gmail.com) if there are any questions or issues with the application or submission process.

Place "PHIP Scholarship Question" or "PHIP Scholarship Submission Problems" in the subject line of your email.

Apply by completing the Parrot Head Scholarship Application Form (link below) which provides access to the download links for the “Essay” and “Question” documents. Links to these two documents are also listed below (for convenience). It is suggested to finish these two documents prior to filling out the application form since they need to be completed and available for upload prior to submitting the form.

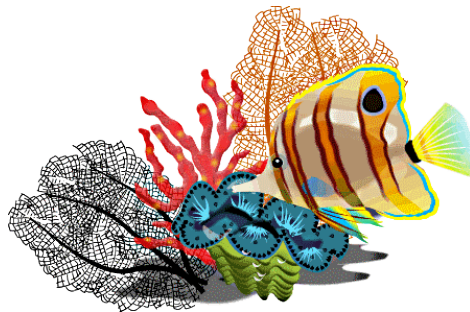
Only electronic submissions will be accepted.

- [\*PHIP Bob Heffelfinger Memorial Scholarship Application Form\*](#)
- [\*PHIP Scholarship Questions Form\*](#)
- [\*PHIP Scholarship Essay Form\*](#)

Incomplete applications or those who did not follow all instructions for this application process will not be considered eligible.

Selection: The PHiP Board of Directors will appoint the selection committee after April 15<sup>th</sup> for submission of the scholarship application. Deadline for applicants is April 15<sup>th</sup> of this year, for enrollment for fall term (summer terms not applicable). Students may apply yearly; the awards will be given annually, based on a new application process.

GOOD LUCK TO ALL APPLICANTS!!!



## What did he/she say?!!

Phewwww bum burner jerky. That's hot! I had a whole 6 inches today.

I had two 6 inch pieces today

Oh my, that's hot stuff!

It just falls out of my mouth; I can't help it!

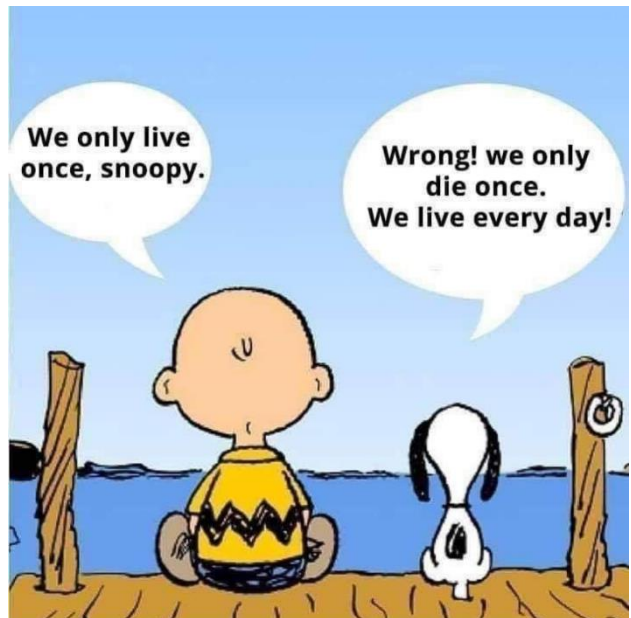
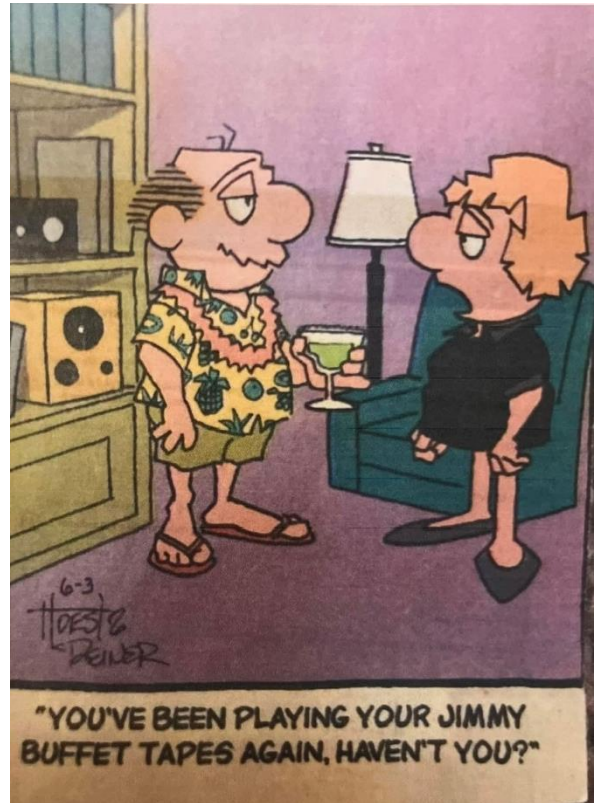
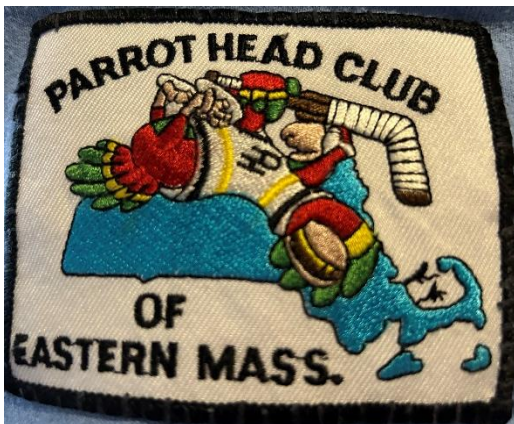
No day is complete without a good bounce!

As long as you keep bringing me food, you don't need to go grocery shopping!

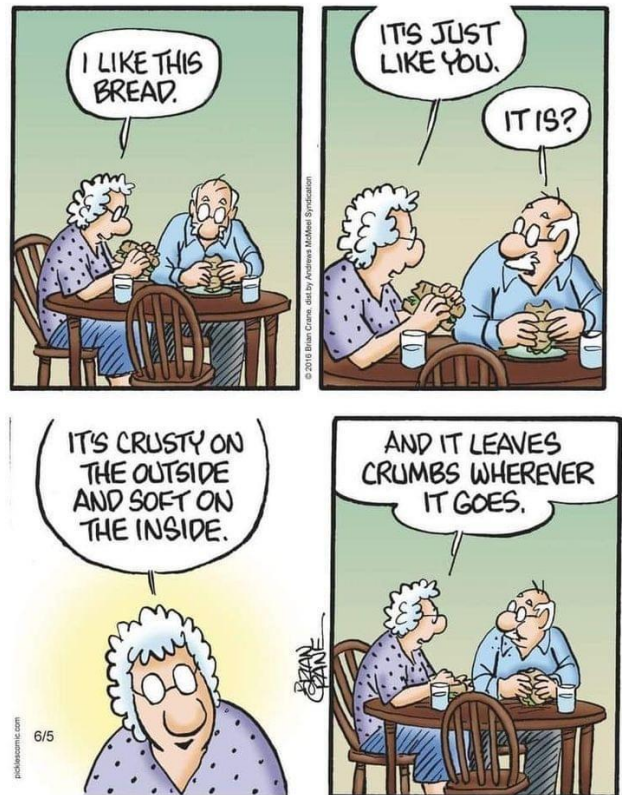
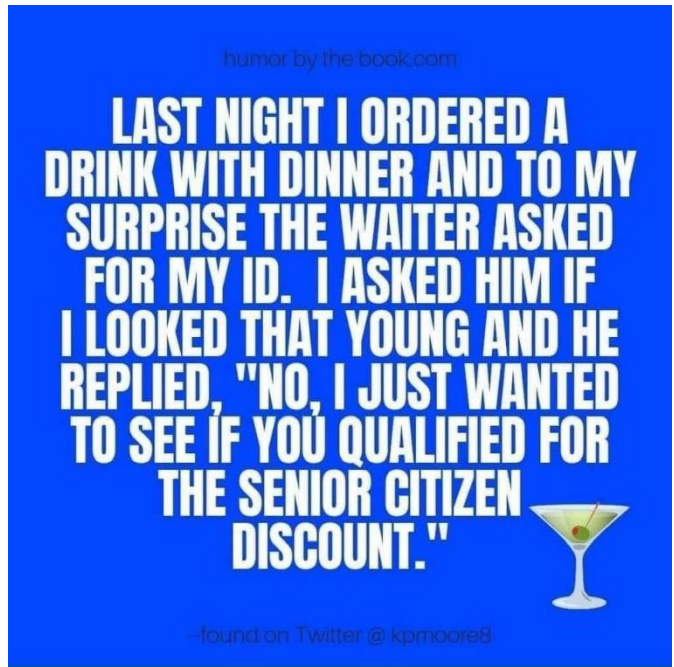
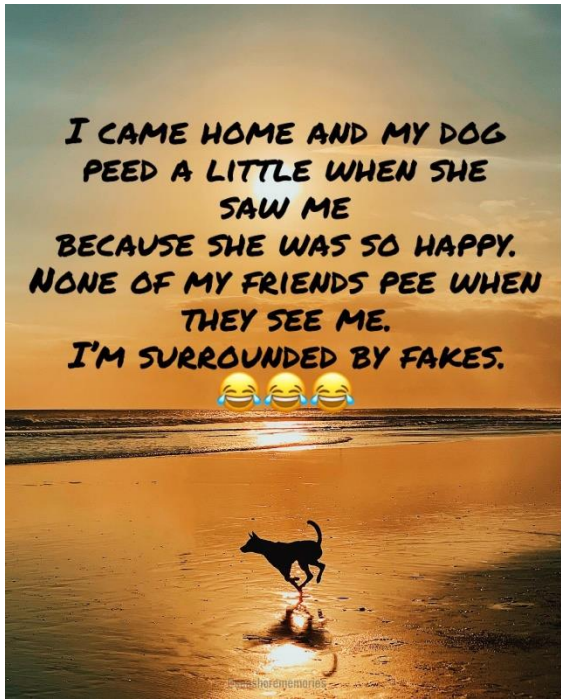
You wanna cry? I'll give you something to cry about!













## Taco Mac

*TOTAL TIME: Prep/Total Time: 30 min.*

*YIELD: 6 servings.*

*This zesty taco mac and cheese is just as yummy the next day. Simply warm it up and garnish with shredded lettuce, diced tomatoes and cheese.*

### Ingredients

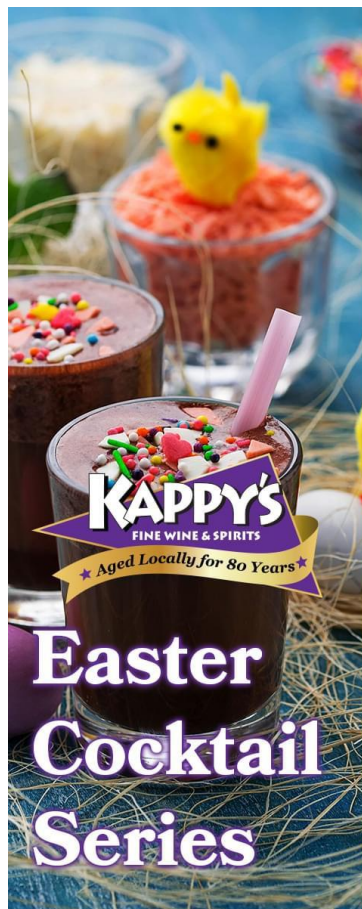
- 1 package (24 ounces) shells and cheese dinner mix
- 1/2 pound bulk pork sausage, cooked and drained
- 1/3 cup taco sauce
- 1 tablespoon taco seasoning
- 4 cups shredded lettuce
- 2 medium tomatoes, chopped
- Shredded cheddar cheese, optional

### Directions

Prepare shells and cheese mix according to package directions. Stir in sausage, taco sauce and seasoning; cook and stir until heated through. Top with lettuce, tomatoes and, if desired, cheddar cheese.







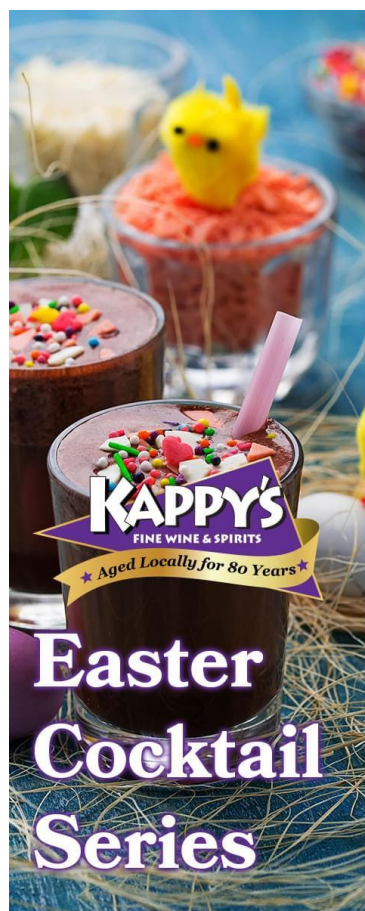
## Peeps Cocktail

### Ingredients

- 1 oz 1941 Vodka
- 1 oz Cafe Bueno Coffee Liqueur
- 1 oz Baileys Strawberries and Cream
- 1 oz Heavy cream
- Pink bunny Peeps
- Simple Syrup
- Fine pink sugar

### Directions

Dip the rim of a cocktail glass into a shallow tray of simple syrup to coat the edge. Then dip into pink sugar to coat the rim. In an ice filled shaker combine vodka, Kahlua, Baileys and heavy cream. Shake vigorously then strain into the cocktail glass. Cut a slit into the bottom of a Peep and add to the rim of the glass.



## Cotton Candy Margaritas

### Ingredients

Serves 3

- 3/4 Cup Zarpado Tequila Blanco
- 1/2 Cup fresh-squeezed lime juice
- 1/2 Cup cream soda
- 1/4 Cup Paisley & Sage Triple Sec
- 1 package cotton candy

### Directions

Add soda and gently stir. Fill serving glasses 3/4 of the way with cotton candy. Pour mixture over cotton candy until glass is half full (because we're optimists around here). Add ice. Stir to dissolve the cotton candy.





**Jill Duggar**  
How I Stood Up to My Father:  
'It Was a Toxic Situation'



**ONE YEAR LATER**

**Life Without  
the Queen**

HOW THE ROYAL FAMILY IS COPING



Exclusive  
Wedding  
Album

**Kristin  
Chenoweth**

'I NEVER  
THOUGHT  
I'D GET  
MARRIED!'

# People

1946-2023

**Jimmy  
Buffett**

**His Wild,  
Joyful  
Life**

Friends and family  
remember  
the beloved  
'Margaritaville'  
legend

*'If there's a  
heaven for  
me, I'm sure it  
has a beach  
attached'*

September 18, 2023



THE MOGUL FOUND PEACE IN LIFE'S  
SIMPLE PLEASURES THROUGHOUT HIS  
MORE-THAN-50-YEAR MUSIC CAREER—AND IN A CANCER  
DIAGNOSIS IN HIS FINAL YEARS  
*By* **RACHEL DESANTIS**

# JIMMY BUFFETT

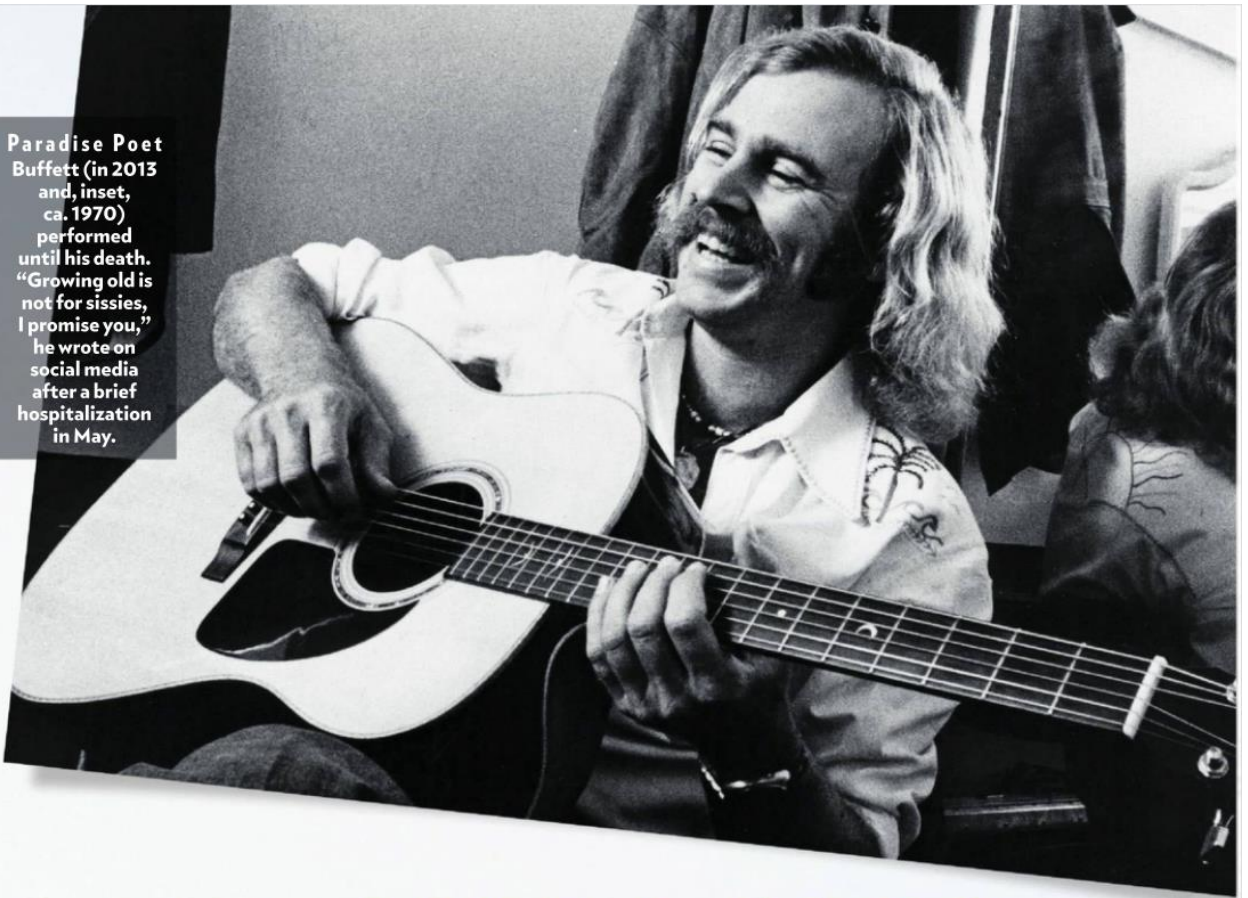
1946 - 2023

## 'HE LIVED





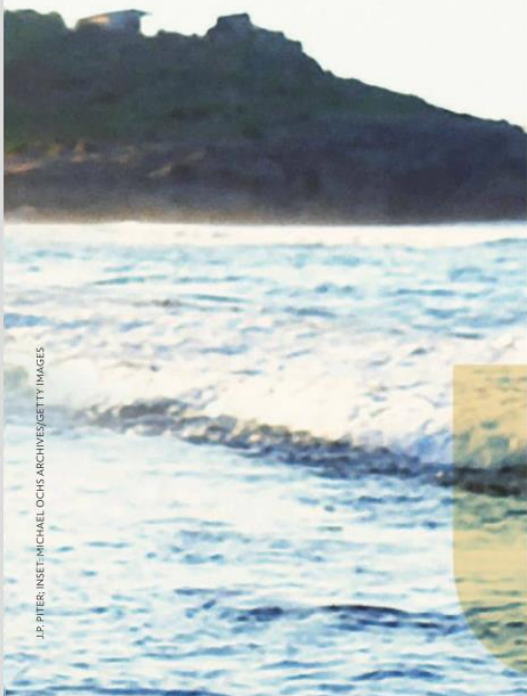
Paradise Poet Buffett (in 2013 and, inset, ca. 1970) performed until his death. "Growing old is not for sissies, I promise you," he wrote on social media after a brief hospitalization in May.



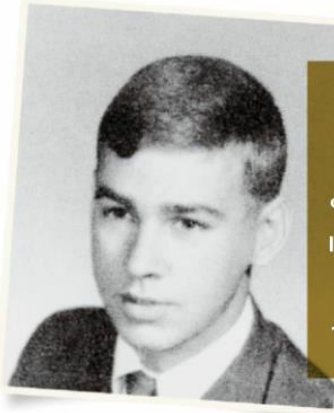
## HIS LIFE LIKE A SONG'

Jimmy Buffett never lost his capacity for joy, even amid a yearslong cancer journey. Last October the musician turned mogul was fishing in the Bahamas when he and longtime friend Carl Hiaasen came upon a large lemon shark. The sudden arrival of a powerful predator might have spooked some, but not Buffett. "The shark was really close, but Jimmy was so excited," author Hiaasen recalls. "He had a drone up because he wanted a video. He wanted to put it onstage during his next tour when he performed 'Fins.'" On that same trip Buffett also made waves on an electric surfboard, zooming away from Hiaasen with the giddiness of a child. "He was supposed to take it easy, although he didn't know what that meant," says Hiaasen. "He just got up and disappeared, and after five minutes he came back, hopped off and was as happy as can be. There was no way to slow him down."

Hits like "Margaritaville" cemented Buffett as the poster child for the easy, breezy, laid-back island lifestyle. And the singer maintained his



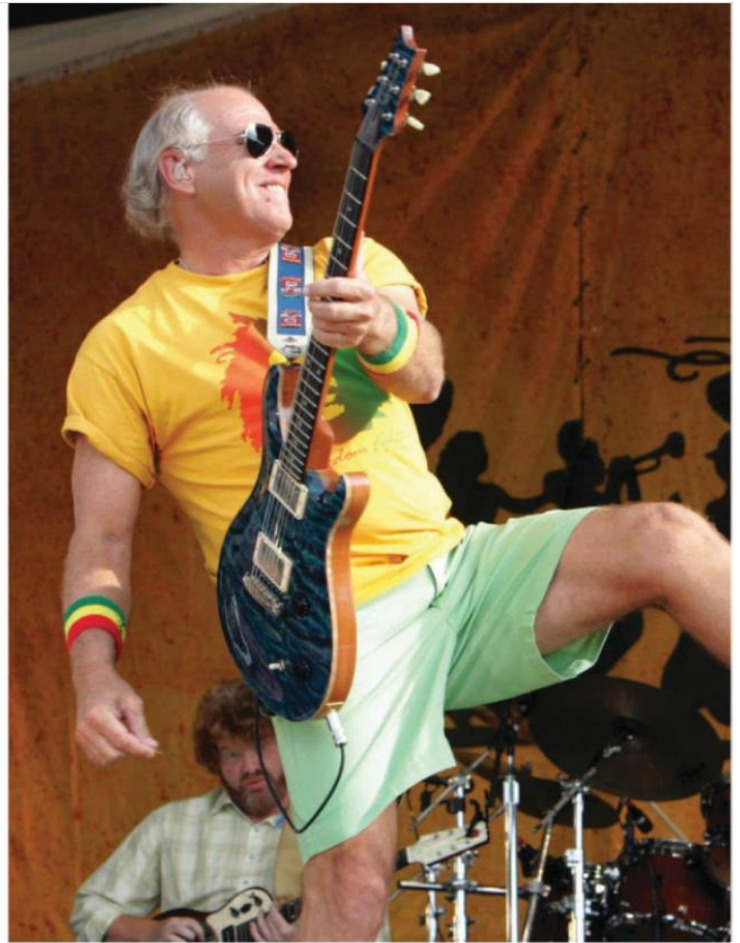




**Words of Wisdom**

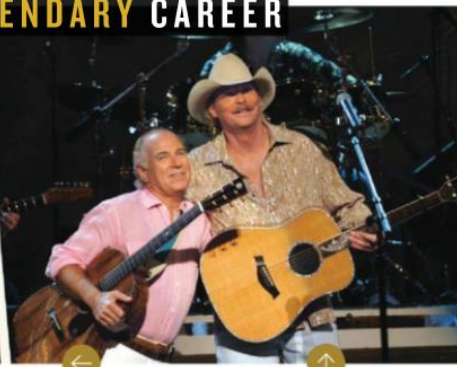
“I was always raised with noblesse oblige—to give back if you’re lucky enough—thanks to my parents,” said Buffett (in a 1965 yearbook photo).

signature zest for life until he died of Merkel cell carcinoma on Sept. 1, four years after he was diagnosed with the aggressive form of skin cancer. Just weeks before his death the 76-year-old Buffett made a surprise appearance at a waterfront café in Rhode Island, where he sang six songs and told the venue’s owner he felt “effing incredible,” according to local paper *The Providence Journal*. The musician’s sense of humor also remained intact, says his sister Laurie Buffett McGuane, who joked and laughed with Buffett over childhood memories in his final days. “He was always high-spirited, fun-loving, hardworking and creative,” adds Laurie’s husband, writer Tom McGuane, a friend of Buffett’s for more than 50 years. “It is remarkable to be able to say that he remained the same during the last month of his life.” In a statement announcing Buffett’s death, his family—including wife Jane, 72, and their adult children, daughters Savannah and Sarah Delaney and son Cameron—said “he lived his life like a song till the very last breath and will be missed beyond measure by so many.”



**In the decades following his breakthrough** success with 1977’s “Margaritaville,” Buffett continued to release albums (*Equal Strain on All Parts*, his 32nd, was slated for later this year). In recent years he notched No. 1 country songs celebrating

**A LEGENDARY CAREER**



**His Devotees**  
“What’s most important is to please the Parrotheads,” Buffett said of his fans (here, in Gulf Shores, Ala., in 2010).

**A Timeless Collab**  
“RIP my friend,” Jackson (with Buffett in 2003) wrote of his “It’s Five O’Clock Somewhere” duet partner.

COUNTERCLOCKWISE FROM TOP RIGHT: ALAMY; SETH POPPEL/YEARBOOK LIBRARY; RICK DIAMOND/GETTY IMAGES; R. DIAMOND/WIREIMAGE; LUCIEN CAPEHART/GETTY IMAGES





**Rocking Out**  
 “I know so many people that hate their jobs, and I love my job,” said Buffett (in 2006). “It gets more exciting every day.”

the simple things in life with pal Alan Jackson (“It’s Five O’Clock Somewhere”) and Zac Brown Band (“Knee Deep”). But it was his business acumen that made Buffett, as Hiaasen describes him, “larger-than-life.” After decades in music Buffett became a billionaire by building his biggest hit into a lucrative empire of Margaritaville-themed restaurants, merchandise and more that catered to his devoted legion of “Parrothead” fans. Among them? Country star Kenny Chesney, who praised the late Buffett as having “taught a lot of people about the poetry in just living.”

Buffett was inspired to expand into the restaurant business after he noticed that the now-defunct chain Chi-Chi’s had copyrighted “Margaritaville” and a woman in Hawaii had done the same to “Cheeseburger in Paradise.” “I was being ripped off everywhere because I wasn’t paying attention,” he told *The Washington Post* in 1998. “There was a demand there, and everyone was exploiting it but me! So I started taking care of business.” Still, he didn’t overthink his growing fortune. “I wish I could say that some secret plan for world domination was devised years ago, but I don’t have a clue as to why, when or how all this happened,” he told *People* in 1994. “I’m not going to dissect it. It’d ruin all the fun of being in the middle of it.”

Though he’s all but synonymous with the Florida Keys, Buffett was born some 1,000 miles away

in Pascagoula, Miss., on Christmas Day 1946. His dad, James, and mom, Mary, later moved the family to Mobile, Ala., where they both worked in the shipyard.

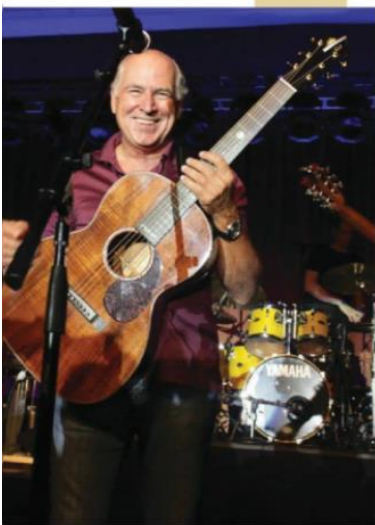
While James had hoped his son would become a Navy officer, the young Buffett was more inspired by his mother, who instilled in him a love of music thanks to her time with the local theater, and his grandfather, who’d regale him with “tales from the high seas and far-off worlds that ignited my imagination,” Buffett wrote in his 1998 memoir *A Pirate Looks at Fifty*.

Buffett earned a history degree from the University of Southern Mississippi in 1969—and it was at school that a fraternity brother inspired him to take up music. “I’m really a simple Catholic altar boy who wanted to play bass in a band to meet chicks,” he told *60 Minutes* in 1997. “I didn’t want to be the frontman.” A brief stint as a Nashville-based reporter for *Billboard* magazine clued him in on the ins and outs of the music business, and in 1970 he released his debut album, *Down to Earth*. The record flopped—but following a divorce from first wife Margie Washichek and a move to Key West, Fla., Buffett finally found success in 1977 with “Margaritaville,” a hit off his album *Changes in Latitudes, Changes in Attitudes* that epitomized his trademark blend of folk, country, rock and Caribbean music.

The enduring anthem, which was inducted into the Grammy Hall of Fame in 2016, was written by Buffett after a morning spent nursing a hangover with Mexican food and margaritas in Austin. “Never in my wildest dreams did I think it’d do what it did,” he told *60 Minutes* of the song. In 2018 he told *Entertainment Weekly*, “I’m a stream-of-consciousness writer. You write [in] the moment, and you jot something down. ‘Margaritaville’ was written five minutes after I was having [a] margarita at a bar. . . . You never know what’s going to work.” The song remains Buffett’s only *Billboard* Top 10 hit, but its island vibes buoyed his legendary brand. As he summed it up to *60 Minutes*: “I sell escapism.”

— JIMMY BUFFETT

‘[Performing] is one of the greatest joys you could ever have on planet Earth’



**Guitar Heroes**  
 Buffett and Chesney sang together on “Trying to Reason With Hurricane Season” at a charity event in 2011.

**Scene-Stealer**  
 Buffett made a memorable cameo in 2015’s *Jurassic World*, in which he escaped dinos with margaritas in hand.



Business aside, Buffett remained a major concert draw, with *Forbes* estimating that the shows he played each year with his Coral Reefer Band helped the star rake in some \$570 million. “I got into this business to have a good time, and if I wasn’t still having fun, I’d get out, money or no money,” he told the *Post* in 1998. “I never expected to tour this long. People say, ‘Don’t you get tired of doing all those songs like “Fins” and “Margaritaville” over and over?’ And I look at them like they’re crazy. They don’t know what it’s like to get up onstage each night and have 15,000 people yelling that they love you.”

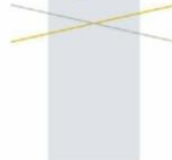


**An Idlers' Idol**  
 “There’s more to the music than just the music,” he told *EW*. “It’s become a lifestyle. I wish I could take credit, but it’s fan-generated.”

after his seaplane crashed in the waters off Nantucket, Mass.; two years later police in Jamaica opened fire on his aircraft, mistaking Buffett and his fellow passengers (including U2 rocker Bono) for smugglers and inspiring his song “Jamaica Mistica.” Though his daughter Delaney said in 2020 that her dad was “incredibly authentic” in his love for fishing, surfing and the ocean, she also emphasized he was more than just a beach bum. “He’s a very, very diligent hard worker,” she said. “He doesn’t like to sit around. He doesn’t like to kick his feet up.” Buffett married second wife Jane in 1977 and, as she told *Time* in 1998, relished the tranquility of domesticity, where he could make his kids pancakes and drive them to school. “That’s the life he loves,” she said. In *Pirate*, Buffett praised his family and friends as “treasure more valuable than gold” and said he felt as though his

TOP PHOTO: BOTTOM RIGHT: PRESLEY ANTHONIC/MAGILL/GETTY IMAGES

**Offstage Buffett was a philanthropist and avid pilot whose midair near-death experiences twice made headlines. In 1994 he swam to safety**



**HIS GREATEST LOVES**



**Soulmates**  
 Buffett and Jane (ca. 1978) married in 1977 after meeting six years earlier at a Key West bar.

**Sibling Bond**  
 “He brought joy to so many,” says Laurie (left, with Buffett and their sister Lucy in 2017). “He was a phenomenal person.”



**Devoted Dad**  
 Buffett (with, from left, daughters Delaney and Savannah, wife Jane and son Cameron in a 2014 Instagram) called time with his family “a treasure.”

**Guiding Light**  
 “[Jane] has always been the voice of reason in my Peter Pan existence,” Buffett wrote of his wife (in 2018) in his memoir.





COUNTERCLOCKWISE FROM BOTTOM: AARON RICHTER/CONTOUR BY GETTY IMAGES; KEVORK DJANSEZIAN/GETTY IMAGES

own kind of paradise was life at home. "I have been called a lot of things," he wrote, "but the thing I believe I am the most is lucky."

Even amid his health ordeal, Buffett remained grateful—and committed to his family. His sister Laurie was diagnosed with pancreatic cancer shortly after Buffett got his own diagnosis. "When Jimmy found out, he brought the whole family to be with me," says Laurie, who is now cancer-free. In his last days "we would repeat stories,

and Jimmy would laugh and nod his head to let us know that he remembered," she adds. "I have never seen Jimmy depressed, ever—not even at the end." Through it all Buffett saw the afterlife as just another adventure. "If there is a heaven for me," he wrote in his memoir, "I am sure that it has a beach attached to it."

Reporting by **LINDA MARX**  
and **JEFF NELSON**



### A 'MARGARITAVILLE' EMPIRE

Buffett founded the first Margaritaville restaurant in Key West in 1985, and before long business was booming, with fans flocking to live out their vacation fantasies in real life. Today Margaritaville Holdings has licensed nearly 150 restaurants, 30 resorts, cruises, apparel and more. "Listen," Buffett (who owned 28 percent of the company, according to *Forbes*) told *The Washington Post* in 1998, "I'm not about to apologize for being a good businessman. Too many people in music have ruined their lives because they weren't."



## PHCoEM is PHINE

P = Pride  
H = Honesty  
I = Integrity  
N = Nice ( kindness)  
E = Empathy

Please show to others that this club will continue to add to these building blocks and lay the foundation for another 25 years of greatness. We would not be able to have such an impact on our communities without you awesome members. Yes you all can make a difference even if it is just to one person make it a positive experience.  
Thank you  
Mac  
president phcoem (2020-2022)  
Make someone smile today

### PHCOEM Board:

Donna “Mac” McCarthy – President ([President@phcoem.com](mailto:President@phcoem.com))  
Marcia “Bix” Bixby – Vice President ([VP@phcoem.com](mailto:VP@phcoem.com)) *In Memorium*  
Liz “L12” McCarthy – Secretary ([Secretary@phcoem.com](mailto:Secretary@phcoem.com))  
Barbara “Babs” O’Connor – Treasurer ([Treasurer@phcoem.com](mailto:Treasurer@phcoem.com))  
Jean Duffill – Membership Director ([Membership@phcoem.com](mailto:Membership@phcoem.com))

Anyone wishing to share information within this newsletter, please send your articles to [newsletter@phcoem.com](mailto:newsletter@phcoem.com).

For the printable version of the Club Calendar and other great information, please visit our webpage at [www.phcoem.com](http://www.phcoem.com). You can also get access to our Facebook page through our website.

If you have questions about our website, please send an email to [phcoemadmin@phcoem.com](mailto:phcoemadmin@phcoem.com).

### Reference Links:

National Chapter Parrot Heads in Paradise at: [www.phip.com](http://www.phip.com)  
PHCOEM Website page at [www.phcoem.com](http://www.phcoem.com)  
PHCOEM Facebook page at: <https://www.facebook.com/groups/56394897109>  
Northeast Regional Parrot Head Convention Committee at: [www.nerphc.org](http://www.nerphc.org)

