



Q3 2021

Parrot Head Club of Eastern MA | Vol. 31

## Q3 2021 ~ The 3/4 Times

*For your enjoyment and information*

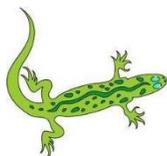
HELLO PHCOEM MEMBERS & HAPPY FALL TO YOU ALL!

We ended Summer with our Annual Beach clean-ups, and now it is time for Fall fun! We had some great Summer events, including our Annual Membership Pool Party with Ray Z. A big THANK YOU to Ernie & Ellie for hosting. We also started collecting for the Operation Troop Sock Drive. We had fun at the Jimmy Buffett & The Coral Reefers Band concert. What a fun time! Members also attended several blood drives.

Fall is here! We have our upcoming Rail Trail RI Explorers Trip on October 2<sup>nd</sup> for a Sunset Moonlight Cruise. We have our TT's meetings the first Thursday of every month in different locations ~ thank you to our Club Ambassadors for hosting. Our BOD will continue to give updates and keep you informed of upcoming events on our webpage and Facebook, along with emails. If you wish to share a Safe Event, share past history, have suggestions for articles, pictures or recipes, please send your ideas and thoughts to [newsletter@phcoem.com](mailto:newsletter@phcoem.com). We love to have members memories. We always welcome your input!

PHCOEM continues for almost 26 years, founded by Our Fathers. See the history on our website. Over the years, we have made the best of friends, near and far, through this journey. We thank you all for the support of this club, and look forward to many years ahead of us. The BOD welcomes Barbara O'Connor, our new Treasurer who replaced Kim Stevens. We thank Kim for her years of assistance. We look forward to seeing everyone soon!

Thank You Everyone!  
Lizzy L12- Liz McCarthy  
Secretary of PHCOEM





## From the Office of the Prez



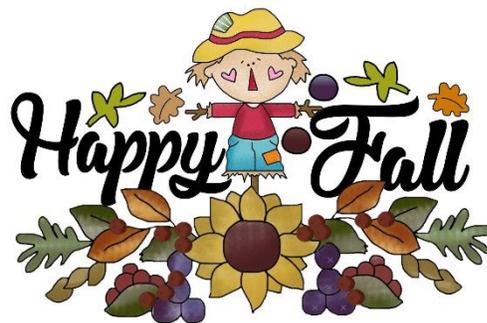
Good Day Phlockers,

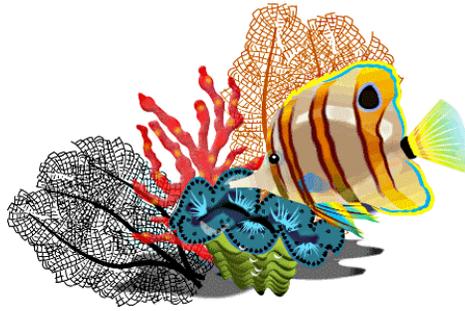
Where did the summer go? Well let's see ... we had an amazing time starting at Ernie's Backyard listening to Mike Nash. Then the rains of July came. The Buffett concert came quickly thereafter, and another successful tailgate was had by everyone! The show was fantastic and shined with an amazing set list. Then we ended the summer on a high note with our annual membership meeting and pool party with Ray Z! He was fantastic, singing everything from Johnny Cash to ZZ Top to Tom Petty to Zac Brown, and yes, he threw a couple Buffett songs in there. We have a few more social events coming up. The next rail adventure will be a sunset ride in early October. We will also be gathering after our beach clean ups as we always do, and after our wreaths across America in December.

Honestly, one of my favorite moments of this season was the blood drive we had on 9/11. There was a genuine sense of concern and community that day. People shared stories with each other and we donated blood for a great cause. It was just an amazing feeling to be around such kind and special people. Volunteering of your time and helping people for a cause is an extremely rewarding experience; but donating blood on 9/11 gave this a whole new meaning. I am so proud of this Club and all that it is and has been for over 25 years! What and who we stand for, as a community and each other, means a great deal to a lot of people. Everything you do as members matters. Even if it is just one small gesture of kindness, it matters! Even if it is to just one person, it matters! When we help and do things for a lot of people like OTS (Operation Troop Support), we can help make a positive impact on many. We will be having Soctoberfest again to help the troops overseas. Yes, I can tell you that we have made an impact. We will also be doing our two beach clean-ups through Coast Sweep. This is an impactful community service project we have been involved with for over 20 years. We will also be decorating Christmas trees this year for the Boys and Girls Club. Wreaths Across America rounds out our community service events for the year. Most of these can be done outside and socially distant so we can all stay safe and healthy. Thank you! We look forward to another great fall season of fun and activities!

Thank you, make someone smile!

Mac  
PHCOEM  
President (2020-2022)





## From the Office of the Vice Prez

Thanks to Liz, our Secretary, for hosting our Annual Pumpkin Decorating Contest! We will be holding this event on October 23<sup>rd</sup> at 2:00 pm. See the flyer under upcoming charitable events for details. Wear your best costume and bring your pumpkin or pineapple to decorate! Parakeet and dog friendly.

In lieu of Pennies for Postage to support Operation Troop Support this fall, we have been asked to provide food items. Please find more info under the Membership's section.

The Northeast Parrot Head Convention is on for April 2022 in Mansfield again. You are getting updates through the Facebook page and through our newsletters and emails. Registration is open and there are monthly prizes awarded to those who register each month. If you have been to convention, you know what a find the raffle room is. If you have any items you would like to donate that we can make a raffle basket from, or a basket or item you would like to donate, please contact any board member and we will be happy to pick it up. The music lineup is amazing with more bands to be added. Hope to see you all there.

As always, stay happy, safe and practice kindness,

Bix, VP



## From the Office of the Treasurer

We have the following quarterly figures for Q3:

September beginning: \$2,425.07

Expenses: \$941.34

Deposits: \$0.00

Balance: \$1,483.73



# From the Office of the Membership



Hi everyone,

We have had some great events this Summer, and as we move into Fall we are continuing to collect white crew socks for Operation Troop Support (OTS). We have collected over 300 pairs so far and the Moodys are thrilled that we are doing this again.

We have another request from OTS. The soldiers that have been moved out of Afghanistan are all in Northern Africa and they are having issues with cooking equipment not being safe. They have asked if we would be willing to donate any meals that are able to be prepared in the containers that they come in. Please find more info under the charitable events section.

We have seen some new members come in late this summer and it is always fun to have new folks. Welcome aboard.

Jean Duffill



***Happy Birthday to those completing Another Trip Around the Sun in Q3!***

<i>October</i>	<i>November</i>	<i>December</i>
6 - John Duffill	1 – Melissa Anderson	1 – Bob Murphy
10 - Wendy Foxon	8 – Wendy Connolly	2 – Travis Milliken
11 - Reginald Williams	8 – Tim Kane	2 – Ann King
11 - Babs O'Connor	16 – Debbie Courteau	6 – Sam Everett
13 - Donna McCarthy	17 – Hope McCarthy	14 – Rita Foley
14 - Frank Hartig	19 – Tom Foxon	19 – Elena Pouliot
16 - Elise Howatt	20 – Olivia Miller	20 – Kristin White
17 - Colleen McCarthy	20 – Marcia Ondeck	24 – Terry Kirwan
23 - Richard Feldeisen	22 – Carrie Smith	28 – PJ Alberta
24 - Valerie Everett	23 – Terri Swanson	28 – Odin Beck
29 - John White	24 – Angela Gallant	28 – Butch Deroches
31 - Liz McCarthy	25 – Terry Stewart	28 – David Locke
		29 – Melissa Salt
		31 – Vicki Pappas
		31 – Carol MacPhers





## SOCIAL!

Happy summer!

We had some great musical socials at Ernie's Backyard. The first starting the summer featuring Mike Nash. He played for hours; it was a sweet outdoor event and great opportunity to get to see many for a very long time. The membership pool party was another social Summer highlight with Ray Z. He was a huge hit and played everything from ZZ Top to Tom Petty to Johnny Cash. We are continuing to be vigilant and cautious and conscious of the health situation. We will be continuing social events as long as it is safe for people to do so. We continue to look for fun outdoor activities that members can participate in safely. A great example is the Rhode Island Rail Trail sunset ride in early October. Members will be outside riding along the bay watching the sunset over the water! We understand and are trying to be courteous of everyone's feelings about going out and being in crowds and indoor spaces along with continuing to abide by the State's guidelines. We thank you for your continued support and understanding. We hope you all stay happy and healthy.

Thank you,

The Social Crew

## Thirsty Thursdays!

Thirsty Thursdays are now back LIVE at our usual locations each month at 7:00 pm.  
Info will be posted to our website and to our Facebook page!  
We hope to see you all real soon!!



# Upcoming Events!

## PHCoEM Annual Pumpkin Decorating Contest!



Who: All Parrot Heads who like to celebrate Halloween!  
What: Pumpkin & Pineapple decorating contest  
When: Saturday, October 23<sup>rd</sup> ~ 2:00 pm til ??  
Where: Chez McCarthy  
1644 Main Street (Route 1A)  
Walpole, Mass  
Why: Because it is Halloween and we can!!



- ❖ Bring a pumpkin or pineapple to decorate.
- ❖ Decorations will be available to use.
- ❖ Wear your best Halloween attire.
- ❖ This is a parakeet and dog friendly event.
- ❖ Rain or shine ~ social distancing and masks as you choose.
- ❖ We will have a potluck lunch: bring your own beverage.
- ❖ Prizes for best decorations.



## Festival of Trees! November 6, 2021

Springfield Boys and Girls Club Festival of Trees decorating on Saturday, November 6th at noontime on at my house or drop off anything prior to that day. We have 2 trees again this year with one named "Mermaids Mayhem" and the other "Parrots Playtime". We take all sorts of donations theme related or items to go under the tree or gift certificates. Contact Sunshine for more info at [packersunshine@gmail.com](mailto:packersunshine@gmail.com).



**Wreaths Across America!  
December 18, 2021**

More info to come soon!



***Charitable Events!***

**Socktober Fest 2021!  
Operation Troop Support!**

We are again holding a sock drive for our soldiers. Operation Troop Support is still sending care packages to our deployed soldiers. We thought that socks would be a good thing to donate this fall. We are looking for donations of new white crew style socks for both men and women to send to our soldiers. We have the Plymouth and Nahant beach cleanups coming in September, if you would like to donate there. If you cannot get there, you can give them to any bored member, or if you have the ability to ship them, you can send them to Jean Duffill at 233 Conant St., Danvers, MA 01923. We have talked with the Moodys and they also said that if you would rather send a donation via check made out to Operation Troop Support, they can use those funds for postage. You can also send that check to Jean and she will include it with the sock donation. We will keep the collection open through November 15 and we will deliver them to Operation Troop Support Headquarters on November 16.

Thank you for helping to take care of our troops.



## Operation Troop Support! Meals Donations

We have another request from OTS. The soldiers that have been moved out of Afghanistan are all in Northern Africa and they are having issues with cooking equipment not being safe. They have asked if we would be willing to donate any meals that are able to be prepared in the containers that they come in. If you have any questions, reach out to Jean Duffill at [insidejean@aol.com](mailto:insidejean@aol.com). Here are some suggestions:





TWO PUMPS AND A SQUIRT AND YOU'RE THERE.



JUST PUT THE SHAFT IN THE HOLE AND YOU'RE DONE!



OKAY, I HAD THE BALLS IN MY HAND AND I WAS SQUEEZING AS HARD AS I COULD.

I'LL DO A THREE-WAY WITH YOU GUYS.



IT'S REALLY HOT IF YOU GO IN DEEP.

DO YOU HAVE TO TOSS THE MEAT IN ORDER TO WIN?





**Recipe from Jean Duffill**

***Cheeseburger in Paradise Meatloaf***

- 1 lb. ground chuck
- 10 slices cooked and crumbled bacon
- 1 (8 oz) package grated sharp cheddar cheese
- 2 large lightly beaten eggs
- ¼ cup toasted breadcrumbs
- ¼ cup mayonnaise
- 1 tablespoon Worcestershire sauce
- ¼ teaspoon salt
- ¼ teaspoon black pepper
- 1/3 cup ketchup
- 2 tablespoons mustard
- 1 (3 oz) can French fried onions

Preheat oven to 350 °F.

In a large bowl, combine the ground chuck and next 8 ingredients, mixing well.

In a small bowl, combine the ketchup and mustard. Stir 1/4 cup ketchup mixture into meat mixture, reserving remaining ketchup mixture.

Press meat mixture into a 9x5x3-inch loaf pan, or shape into a loaf and place on a rack in a broiler pan. Spread remaining ketchup mixture over loaf. Bake 40 minutes. Top with French fried onions; bake 10 to 15 minutes, or until meat is no longer pink.



## Maple Cider Old Fashioned

Serves 2

### Ingredients

5 ounces Old Settler Bourbon  
1 oz maple syrup  
1 oz apple cider  
5-6 dashes, orange bitters  
Orange peel and/or cinnamon sticks  
(optional garnish)

### Directions

Add bourbon, maple syrup, cider, and bitters to a cocktail shaker filled with ice. Shake well. Strain into a glass with ice. Garnish with an orange peel, cinnamon sticks, or both. Enjoy.





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## PHCoEM is PHINE

**P = Pride**  
**H = Honesty**  
**I = Integrity**  
**N = Nice ( kindness)**  
**E = Empathy**

Please show to others that this club will continue to add to these building blocks and lay the foundation for another 25 years of greatness. We would not be able to have such an impact on our communities without you awesome members. Yes you all can make a difference even if it is just to one person make it a positive experience.

Thank you  
**Mac**  
president phcoem (2020-2022)  
Make someone smile today

Anyone wishing to share information within this newsletter, please send your articles to [newsletter@phcoem.com](mailto:newsletter@phcoem.com).

For the printable version of the Club Calendar and other great information, please visit our webpage at [www.phcoem.com](http://www.phcoem.com). You can also get access to our Facebook page through our website.

If you have questions about our website, [www.phcoem.com](http://www.phcoem.com), please send an email to [phcoemadmin@phcoem.com](mailto:phcoemadmin@phcoem.com).

### Reference Links:

National Chapter Parrot Heads in Paradise at [www.phip.com](http://www.phip.com)

Our website at [www.phcoem.com](http://www.phcoem.com)

Northeast Regional Parrot Head Convention Committee at [www.nerphc.org](http://www.nerphc.org)

